

# **Reform ABQ Direct Primary Care Services Guide**

**Primary Monthly Membership:** Reform ABQ Provides a membership plan. The table below provides the price and services for membership:

Benefits	
No co-pays/office visit fees	~
Same-day & Next-day scheduling	<b>✓</b>
1-hour appt times	<b>✓</b>
Telehealth	<b>✓</b>
7-day a week access to your provider (7am-6pm)	<b>✓</b>
Price	\$65/month

## **Add-On Family Members:**

o Adult (19+): \$50

o Child (6-18yrs): \$25

## **Included in All Memberships:**

- Comprehensive Healthcare (acute and chronic conditions), nutritional guidance,
- o Same-day or next-day appointments.
- Telehealth appointments when appropriate. The provider reserves the right to request an in-person visit.
- o Monthly recipe guides and health resources
- o Labs/Diagnostics:
  - Urinalysis
  - o POCT Glucose
  - Urine Pregnancy (limited to one annually; \$10 thereafter)
  - EKG (limited to one annually; \$100 thereafter)
  - o Rapid Strep Test (limited to one annually)
  - o Spirometry
  - o Point of Care Ultrasound (one annually; \$100 thereafter)
- o Procedure(s):
  - Simple Laceration Repair o
  - o Ear Wax Removal
  - o In-house Phlebotomy (cost of the lab is an extra fee)

### **Membership does NOT Include:**

- Cost of routine labs; these will be billed at cost & payment will be due at the time of service.
- COVID-19 testing and treatment.
- Influenza A&B testing.
- Specialty testing such as, but not limited to pathology, allergy testing, Genova, etc.
- Prescription medications, supplements, or medications are dispensed in-house. We attempt to obtain sample medications for patients, but we cannot guarantee that these medications will be available continuously.
- Immunizations. We have partnered with a local Pharmacist who will take Reform ABQ patients and provide them with their immunization needs at an additional fee. You can also obtain immunizations at the local Department of Health or other pharmacies such as Walgreens, CVS, etc.
- Imaging (x-rays, MRI, US, etc.) we have partnered with local centers that accept self-pay patients. If a member has insurance coverage and would prefer, we will provide a prescription, and the patient can utilize the imaging center covered by their insurance carrier.
- We will not serve as a pain management service for patients. We will, however, refer to pain management and manage all other chronic conditions.
- Reform ABQ providers will not serve as your attending provider during hospitalization. Still, we will coordinate care and provide notes, labs, medication lists, etc., to the hospital attending to ensure a smooth transition of care.
- Does not include additional fees for specialist care such as cardiology, urology, physical therapy, etc.
- Does not include the price for Vitamin Injection(s), IV therapy, etc. These fees are separate from the membership fees listed above.

#### **Communication:**

- All direct primary members have access to Reform ABQ staff and providers Monday through Friday from 0700 through 1600 through patient portal and main office line.
- After-hours are from 1600-1800 Monday thru Friday and on Saturdays and Sundays from 0700-1800.